

Inspiring Commitment. Instilling Ownership. Increasing Performance.



SPEAKER PROGRAMS 2024 - 2025



Introduction

I'm Vidya Raman, a professional speaker, coach, and author with years of leadership experience in Fortune 100 companies. In an era when over 60% of employees are actively disengaged, I partner with organizations to help them build productive teams by inspiring employees to show up at work with an owner's mindset and reenlist in their roles with passion and commitment.

Yes, there are many experts in this field but what differentiates me is my capacity to connect deeply and leave a lasting impact.

Here is a question for you to ponder: Would you want an expert for your next event whose content is immediately forgotten or one whose message lingers and brings about real transformation?

Keynotes, Workshops, and Breakout Sessions

Presentation Title 1:

CHART YOUR CAREER DESTINY WITH EMOTIONAL INTELLIGENCE.

Description:

This program delves into the transformative power of emotional intelligence (EI) and its direct correlation to career satisfaction and impact. Through interactive discussions and real-world examples, participants will explore how EI shapes their professional journey, influences decision-making, and fosters effective leadership. Attendees will acquire actionable strategies to cultivate EI competencies such as self-awareness, self-regulation, empathy, and relationship management, enabling them to navigate workplace challenges with confidence and resilience. By the conclusion of the session, attendees will be equipped with the tools and insights needed to leverage their emotional intelligence for personal growth, professional success, and meaningful contributions to their organizations.

Learning Outcomes:

- Develop practical techniques to enhance self-awareness, emotional regulation, and adaptability in various workplace scenarios.
- Learn strategies to cultivate empathy and build strong, mutually beneficial relationships with colleagues, clients, and stakeholders.
- Explore how emotional intelligence enhances communication skills, conflict resolution, and decision-making processes.
- Identify opportunities to promote a positive work culture grounded in trust, respect, and inclusivity through EI-driven leadership.

Presentation Title 2:

Making Meaning Out of The Mundane: How Ordinary People Achieve Extraordinary Things

Description:

Employee engagement is the key to fostering a highly productive workplace. In a recent survey, over 60% of corporate employees were actively disengaged. A lack of purpose and autonomy often leads to a



sense of malaise. This program is designed to help employees POWER UP and reenlist in their jobs with a renewed sense of purpose and passion.

Learning Outcomes:

- Learn a simple approach toward personal growth and fulfillment.
- Discover actionable strategies to create a personalized roadmap to feeling more engaged and productive at work.
- Leave feeling empowered with a renewed vision of how to find meaning and make a difference every day at work.

Presentation Title 3:

Hidden Gems: Communication Skills for Success in Business and Beyond

Description:

This program is designed to help individuals develop the essential communication skills required for effectiveness and success in the workplace and will also include strategies to overcome public speaking anxiety. It provides practical strategies for communicating effectively with team members, colleagues, and stakeholders. Participants will learn how to communicate with confidence, clarity, and impact.

Through real-world examples, participants will learn how to build trust and inspire action through effective communication. They will also learn how to manage difficult conversations, resolve conflicts, and deliver constructive feedback.

Learning Outcomes:

- Communicate with confidence, listen actively, and respond effectively.
- Building trust and credibility through effective communication both in-person and digital.
- Understand and appreciate the minefields that sabotage everyday conversations at work.

Presentation Title 4:

Master Your Mindset to Unlock Success and Happiness at Work.

Description:

This transformative session invites participants to explore the profound impact of reflection, introspection, and mindset on their professional fulfillment. Through storytelling and interactive discussion, attendees will discover how cultivating a reflective mindset and observational skills can lead to greater self-awareness, situational awareness, resilience, and happiness in the workplace. They will learn practical techniques for harnessing the power of introspection and observation to identify strengths, weaknesses, and growth opportunities, ultimately empowering them to navigate challenges with grace and confidence. By embracing a positive attitude and adopting a growth mindset, participants will unlock new possibilities for personal and professional success, fostering a more joyful and fulfilling work experience.

Learning Outcomes:



- Understand the importance of reflection, introspection, and observation in fostering personal and professional growth.
- Learn practical techniques for incorporating reflection into daily routines to enhance self-awareness and decision-making.
- Identify opportunities to leverage reflection and introspection to enhance job satisfaction, productivity, and overall well-being.

Presentation Title 5:

Leadership Begins with You - How to A.M.P. UP your game at work.

Description:

To be a consequential and impactful professional, it is essential to look inward and take responsibility. A little imagination paired with consistent and intentional practices will help deliver the respected and transformational leader you were meant to be. A modest and practical personal reengineering effort will help you A.M.P. UP your game at work and find meaning and fulfillment at work.

This program focuses on breaking through limitations to reach your potential. Discover a clear roadmap to achieve personal development, enhance relationships/team dynamics, and ultimately attain career success and satisfaction.

Vidya's S.H.I.F.T. framework includes phases that flow naturally from one step to another as it shapes the unstoppable leader you were meant to be.

Learning Outcomes:

- Learn a simple approach toward personal growth and fulfillment.
- Discover the benefits of intentionality, consistency, and a fresh perspective.
- Leave with several strategies for crafting a roadmap to a more impactful and effective you.

Presentation Title 6:

Good to Great: Amplify Your Impact with Curiosity, Courage, and Confidence

Description:

This program is crafted with you in mind and its objective is to make you more effective and influential at work.

When you intentionally make the 3C's - curiosity, courage, and confidence a part of your daily routine, it will help you - master your mindset, be perceived as a competent and confident person, and become more influential at work. This new way of being will open the doors to a wide range of fresh possibilities and build and sustain your energy, passion, and motivation over the long haul.

Learning Outcomes:

Audience members will leave motivated to -

 Appreciate the value of integrating curiosity into their toolkit for enhanced awareness, and adaptability, and to foster better collaboration at work.



- Embrace courage as a regular practice and it will open doors to previously unavailable opportunities.
- Build a more confident version of themselves by developing their competence, stepping out of their comfort zone, and practicing self-compassion.
- Leave with several 'Call to Action' and 'Next Practice' strategies for crafting a roadmap to a more impactful and effective version of themselves.

Presentation Title 7:

Break Down Barriers to Stronger Connections at Work

Description:

One primary roadblock to career success for most individuals is a stronger and more meaningful connection with co-workers, customers, and stakeholders! The added benefit of better connections at work is a happier and more productive workday!

Stronger relationships are built on the foundation of respect, trust, common interests, and values. Focusing on strengthening connections at work with intentionality and meaningful conversations reduces conflict and paves the way for healthy collaboration. A sense of community starts to take shape when credible connections are forged and nurtured.

When an individual's objective is to grow their influence at work, learning how to identify with people and meet them where they are, actualizes that objective. The sense of community improves one's ability to build team cohesiveness and effect change. Stronger connections allow team members to express themselves openly (instead of being guarded) and go the extra mile to get tasks completed.

With the consistent application of the guidelines showcased in this program, an individual will feel more in control and more productive. A happier workday is just the cherry on the top.

Learning Outcomes:

Audience members will leave motivated to -

- Choose an approach to finding common ground with others for effective win-win partnerships.
- Recognize the value in people and become more empathetic.
- Put more energy, intention, and thought into connecting and communicating well with others.

Presentation Title 8:

Become Unstoppable: Building a Strong Foundation for Career Success

Description:

This program will cover leadership strategies and skills for women at work including effective communication, mindset mastery, techniques for career advancement, managing teams, networking, personal branding, negotiation, and work-life balance.



After a corporate career of 25+ years including senior leadership, I can credibly share practical tips that help women find fulfillment in their careers and overcome the unique challenges they may face in the business world.

Included in the topics covered are building and leveraging professional relationships, seeking mentors, developing a strong personal brand that aligns with professional goals and values, and advocating for oneself.

Learning Outcomes:

- Learn a simple approach toward personal growth and fulfillment.
- Discover actionable strategies to create a personalized roadmap to show up as the best version of yourself.
- Leave feeling empowered with a renewed vision of how to find meaning and leave an impact.

In addition to the speaking programs listed above, Vidya offers training in professional skills like Time and Priority Management, Conflict Management, Presentation skills, Storytelling, and more.

Speaker Bio and Contact Information:

Vidya uses her extensive corporate leadership background in Fortune 100 companies and passion for human motivation to serve her audiences. She is an award-winning speaker, certified coach, and best-



selling author. Her experience and insights have helped her cultivate a teachable strategy that she uses to inspire, educate, and transform her audiences.

Her book LUCKY YOU: An Insider's Guide to Achieving Success and Finding Fulfillment in the Corporate World received Amazon's #1 New Release recognition soon after its launch. The book shares a practical and actionable framework to equip employees at all levels to find more joy, meaning, and success at work.

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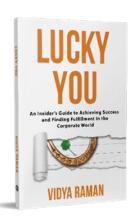
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Vidya's Book:

<u>Lucky You: An Insider's Guide to Achieving Success and Finding Fulfillment in the Corporate World</u> - An insightful and practical "how-to" book to help you achieve success and find fulfillment at work. This Amazon #1 New Release and Best Seller is available on https://www.amazon.com/dp/B0C4M3XB5K





Customer Reviews:



49 ratings

"Relatable & Realistic...A must-read!"

"Lucky Us"

"An outstanding Master Class for the aspiring professional"